

RESULTS :
400 m

T HOL OP
WAMBEEK
30/06/2018

rank	ID atl	sexe / name	rws	year	club	time	time / km	km
1	102	M El Hachimi Nordin [nvt]	1/14	2009		01:26	03:35	16.74
2	105	M De Backer Kwinten [nvt]	2/14	2010	k w b wambeek	01:29	03:42	16.18
3	101	M Stevens Xiam [nvt]	3/14	2010		01:30	03:45	16.00
4	113	M Temmerman Emiel [nvt]	4/14	2009		01:34	03:55	15.32
5	109	M Vandergucht Raf [nvt]	5/14	2011		01:36	04:00	15.00
6	108	M Baeyens Lander [nvt]	6/14	2009		01:38	04:05	14.69
7	106	M Roesems Lars [nvt]	7/14	2010		01:39	04:07	14.55
8	107	M Baeyens Ruben [nvt]	8/14	2011		01:41	04:12	14.26
9	104	M De Haes Tibo [nvt]	9/14	2010	leeuwerik	01:43	04:17	13.98
10	103	W Puttaert Laura [nvt]	1/3	2010	kwb wambeek	01:44	04:20	13.85
11	114	M Pianet Yaron [nvt]	10/14	2011		01:47	04:27	13.46
12	110	M Van Laere Lars [nvt]	11/14	2011	k w b wambeek	01:48	04:30	13.33
13	111	W Van Der Meeren Lotte [nvt]	2/3	2010	rakkerrun	01:49	04:32	13.21
14	116	M Hannes Sebastiaan [nvt]	12/14	2009	liedekerke jogging	01:50	04:35	13.09
15	112	W Temmerman Lieke [nvt]	3/3	2011		01:53	04:42	12.74
16	117	M Van De Gucht Jelle [nvt]	13/14	2013		02:03	05:07	11.71
17	115	M Sergooris Cis [nvt]	14/14	2013		02:17	05:42	10.51